

What outcomes can you expect?

Your desired outcomes may include getting back to work; participating in voluntary work or furthering your education; living independently, returning to a hobby or to a position in your community.

They may also include improvements in mobility, language, anger management, self-esteem and confidence.

Whatever your desired outcomes are, they will be fully discussed with you and, as you achieve them, they will be recognised and celebrated.



Headway Suffolk

Ipswich Neuro Hub

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Headway Suffolk is a Registered Charity
No. 1075338 and a company limited by guarantee
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Welcome to

Headway Suffolk

The charity
that supports people
with an acquired
brain injury and those
who care for them



Can Headway help you?

Headway offers advice, support, rehabilitation and services to anyone (over the age of 16) who has, during their lifetime, suffered a brain injury through traumatic accident, stroke, virus, tumour, neurological condition or other similar event.



If you are unsure whether we can help with your specific condition please do not hesitate to contact us. Our services are available to everyone and we welcome diversity, ethnic minorities and all faiths and religions.

How can Headway help you?

When you join us, our specialist, trained staff will work with you to prepare a bespoke care plan that is designed to help you meet your personal goals and aspirations. This could include taking part in activities at our bases or in your local community, establishing new social networks or regaining skills you have lost as a result of your injury.

Depending on where you live, we can also offer personal care support at home. (This service is registered with the CQC.)

Your progress will be closely monitored and discussed with you on a regular basis, and your care plan can be altered at any time to meet your changing needs. You will be encouraged to set goals and targets, the achievements of which will ensure progress in your journey to recovery.



Who pays for your care?

It is usual for Social Care to pay for some or all of your care package at Headway. Alternatively it may be funded through an individual budget, direct payments or occasionally by private means. To discuss this further please do contact us.



Quality assurance

We are affiliated to Headway UK and fully abide by their published code of conduct and also conform to their Quality Assurance scheme. All our staff are trained in First Aid, Manual Handling, Medication and Brain Injury rehabilitation.

It is also a minimum standard that our staff members have a Diploma in Care at level 2 - in fact, many have higher qualifications and we encourage continuous professional development for all our staff.